

CH

2/4/74

Mon. - home from LA. → wash hair → to work

8:00 - 5:00 work (non stop) met Shirley McNeil (mental health) for lunch

5:20 - 6:00 home - tried to rest - no luck - got P. etc. called Tish got + trying to get PC re: finance meeting + make coffee - looked thru for new people in name cards → took both

8:10 left for valley - finance meeting

9:20 meeting over → to Joyce's house

(45) Tues. PC - meeting after

5:15 or so home - laid down trouble sleeping

7:10 up & ready for work (to St. ut pass)

5:15 home & laid down for 6 hr - no luck - trouble getting to sleep

CH called. Talked w/ her a while →

re: weekend etc.

7:00 - etc - talked to Pam - she called NY. I talked to parents for 45 min (ugh!)

8:15 started to work on files - took time out to go outside & examine fence - dogs getting out & mysterious hole in back yard - put padlock on back gate

9:30 - back to work → played w/ Cleo + Trixie
PD-23-2-115)

11:00

tried - asked Pam to wake me up /
to

2:45

wake up (had to see what happened
to Pam) get up - (took cough syrup)
worked on files to send to L.A.

4:10

back to sleep

Weds - 2/6

7:30

up & to work

5:00 home from work - parents called - talked

to them 45 mins re: coming out 2/28

(ugh) → etc something

6:00 → 10:30

worked on files together for

L.A. then out to PT → to ct's

then to PT - tried - home about

12:30

home → talked to Pam

picked up room - and then

tried to sleep.

1:10 → 2:00

sleep - with about 4 or 5

interruptions (dogs barking etc. → out to

backyard 2x5) not very restful

Thurs. 2/7

7:30

up & out to work (car)

stopped at e. Salv. Army during break

to Will's after lunch
5:00 - home & ate something - called
Dorothy P. (didn't see her - will next
week) & talked about to do

talked to Ch (we spent over LA)
worked on files (a mess - discouraging)
washed hair → use files → talked to
Pam on her dinner break
1:45 → laid down

5:30 - up & fiddled around room - looking
at work etc - discouraged → laid
back down

Fri. 2/1

7:20 - up for work (feel exhausted)
12:15 - Ch & Lt to home - grabbed sandwich
& went to Dorothy P. downtown to
buy gum for John → to work
4:50 - off work & to post office to pick
up purse mother had sent

5:10 - home → then went to Prall to get
tickets & small gift & card to send MJ
from us (since she's ill)

5:35 or so - home (LA there) fixed dinner -
talked to Lee after Lt left -
to room & work
e-3

8:30 - Pam home - talked to her - had her clean kitchen cupboards & kitchen.

took bath (played w/ Cleo) → work packed stuff etc.

10:00 Bonnie came over for recorder - talked w/ her while → back to work

2:00 or so - laid down
Sat. 2/9
6:00 - up & had Pam park car while I got ready → then on the road → stopped in St. to rest while (20 mins or so)

9:00 on to Rick → stop at Sulu Army when open at 9 - nothing - drove on to Berk. for P-B's & C's

2:00 to L.S.F. for SF C's - stopped at Drug store for dry stamps → to meet.

6:00 - to meet - change - meet.

7:00 ?? to car to bed -

Sun. 2/10

9:00 - wake up (for last time - loud in parking lot all a.m.) → up stairs & dressed -

meeting - left for home early - stopped St. for PG. stopped St. - got shoes badly needed) - home →

5:00 worked on fitness → Pam home 10:15 then

not CLK stopped by - talked w/ them -

11:10 - laid down

1:05 - got up - CLK helped w/ files etc
talked w/ Pam briefly w/ coffee

2:30 - talked w/ Lee when she got home -
back to work

5:00 - deep work

7:00 - did some things

Mon 5/11

(2:35 - report work)

talked w/ Pam - talked w/ files -

hard week with work

to be about 1/2 - hope to pick up

work

did some work

did some work

did some work

did some work

did some work

did some work

did some work

did some work

did some work

did some work